

Aberdeenshire Primary School Menus—From Oct 2022

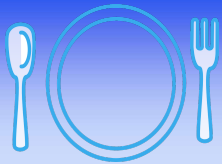
Week 1 – 17th April, 8th May, 29th May, 19th June, 21st Aug, 11th Sept, 2nd Oct 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Carrot Soup V	Lentil Soup V	Melon Wedge	Chicken Noodle Soup	Tomato Soup V
Main Course	Main Course	Main Course	Main Course	Main Course
Breaded Haddock Garden Peas Sweetcorn Chips	Our Butchers Pork Sausages in Gravy served in a Yorkshire Pudding Sliced Carrots Broccoli Florets Mashed Potatoes	Macaroni Cheese V Garden Peas Sliced Beetroot Potato Wedges	Homemade Margherita Pizza V Side Salad Vegetable Sticks Penne Pasta	Spaghetti Bolognese Side Salad Sweetcorn Garlic Bread
Penne Pasta & Tomato Sauce V Garden Peas Sweetcorn	Baked Potato topped with Baked Beans V Side salad Grated Carrots	Chicken Goujons served with Tomato Ketchup Garden Peas Sliced Beetroot Potato Wedges	Pulled Pork in a Bun Side Salad Vegetable Sticks	Cheddar Cheese Panini V served with Side Salad & Sweetcorn
Soup & Sandwich Platter	Soup & Sandwich Platter	Soup & Sandwich Platter	Soup & Sandwich Platter	Sandwich Platter
Carrot Soup V Tuna Mayonnaise Sandwich served with Side Salad & Cucumber Sticks	Lentil Soup V Cheddar Cheese Soft Roll Served with Side Salad & Grated Carrots	Melon Wedge Hot Mini Meatball Sub served with Side Salad & Pepper Sticks	Chicken Noodle Soup Ham Sandwich Served with Side Salad & Vegetable Sticks	Tomato Soup V Thinly Sliced Chicken Sandwich served with Side Salad & Pizza Finger
Dessert	Dessert	Dessert	Dessert	Dessert
Fresh Fruit of the Day or Raisins served with Chocolate Yoghurt Cake	Fresh Fruit of the Day or Raisins served with a Shortbread Biscuit and Milk	Fresh Fruit of the Day or Raisins served with Cheese & Biscuits	Mandarins in Juice served with Vanilla Ice Cream or Fresh fruit of the day with Vanilla Ice Cream	Fresh Fruit of the Day served with a Vanilla Cookie and Milk

V = Vegetarian

Menus may be subject to change without notice due to unforeseen circumstances.



Aberdeenshire Primary School Menus – From Oct 2022

Week 2 – 24th April, 15th May, 5th June, 28th Aug, 18th Sept, 9th Oct 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lentil Soup V	Vegetable Soup V	Melon Wedge	Watermelon Wedge	Minestrone Soup V
Main Course	Main Course	Main Course	Main Course	Main Course
Homemade Chicken Pie Broccoli Florets Sliced Carrots Mashed Potatoes	Homemade Margherita Pizza V Side Salad Vegetable Sticks Garlic Bread	Breaded Haddock Garden Peas Baked Beans Chips	Savoury Mince with a Yorkshire Pudding Sliced Carrots Broccoli Florets Mashed Potatoes	Beef Burger in a Bun Served with optional Tomato Ketchup Sweetcorn Grated Carrots
Stir Fried Vegetable Rice V Side Salad Broccoli Florets	Mild Beef Chilli served in a Baked Potato Side Salad Vegetable Sticks	Seasonal Cold Platter V with Homemade Bread served with a Dip	Vegetable Fajita Pocket V Side Salad Broccoli Florets	Tomato Pesto Pasta V Sweetcorn Grated Carrots
Soup & Sandwich Platter	Soup & Sandwich Platter	Soup & Sandwich Platter	Soup & Sandwich Platter	Soup & Sandwich Platter
Lentil Soup V Thinly Sliced Ham Sandwich served with Side Salad & Pineapple	Vegetable Soup V Egg Mayonnaise Sandwich served with Side Salad & Vegetable Sticks	Melon Wedge Cheddar Cheese in a Soft Roll V served with Side Salad & Grated Carrots	Melon Wedge V Tuna Mayonnaise Sandwich served with Side Salad & Pepper Sticks	Minestrone Soup V Sliced Chicken Sandwich served with Side Salad & Grated Carrot
Dessert	Dessert	Dessert	Dessert	Dessert
Fresh Fruit Platter Or Raisins served with Cheese & Biscuits	Fresh Fruit of the Day or Raisins served with Oatie Biscuit and Milk	Raspberry Jelly served with Vanilla Ice Cream or Cheese Oatie Biscuit	Fresh Fruit of the Day or Chocolate Brownie served with Custard	Fresh Fruit of the Day with a Butterscotch Cookie and Milk

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Aberdeenshire Primary School Menus – From Oct 2022

Week 3 – 1st May, 22nd May, 12th June, 3rd July, 4th Sept, 25th Sept 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Carrot & Coriander Soup V	Watermelon Wedge	Melon Wedge	Lentil Soup V	Tomato Soup V
Main Course	Main Course	Main Course	Main Course	Main Course
Homemade Margherita Pizza V served with Garden Peas Carrot & Pepper Sticks Penne Pasta	Fish Fingers served with Baked Beans Sliced Beetroot Chips	Homemade Steak Pie Garden Peas Broccoli Florets Mashed Potatoes	Homemade Turkey Meatballs served in Tomato Sauce Broccoli Florets Sweetcorn Penne Pasta	Hot Dog in a Bun with optional Tomato Ketchup Side Salad Sweetcorn Potato Smiles
Chicken Curry with Long Grain Rice Garden Peas Carrot & Pepper Sticks	Macaroni Cheese V Baked Beans Sliced Beetroot Chips	Vegetarian Sausages V Garden Peas Broccoli Florets Mashed Potatoes	Cheese Panini V Side Salad Sweetcorn	Baked Potato with Baked Beans & Cheese V Side Salad Sweetcorn
Soup & Sandwich Platter	Soup & Sandwich Platter	Soup & Sandwich Platter	Soup & Sandwich Platter	Soup & Sandwich Platter
Carrot & Coriander Soup V Egg Mayonnaise Sandwich served with Side Salad Carrot & Pepper Sticks	Melon Wedge Cheddar Cheese Sandwich served with Side Salad & Beetroot	Melon Wedge Thinly Sliced Ham in a Soft Roll served with Side Salad Cucumber Sticks	Lentil Soup V Tuna Mayonnaise Sandwich served with Side Salad Margherita Pizza Finger	Tomato Soup Thinly Sliced Chicken Sandwich served with Side Salad Sweetcorn
Dessert	Dessert	Dessert	Dessert	Dessert
Fresh Fruit of the Day or Raisins served with a Cheese Oatie Biscuit	Apple Cake served with Custard or Cheese & Biscuits	Sliced Peaches with Vanilla Ice Cream & Waffle	Fresh Fruit Salad or Raisins served with Optional Natural Yoghurt	Fresh Fruit of the Day or Raisins served with a Chocolate Cookie & Milk

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